



NIG

HI-TECH SKIN TRANSFORMATION

-
1. Name _____ DOB _____
 2. Address _____

 3. Phone _____ email: _____
 4. How did you hear about us?
 5. What are your skincare goals?
 6. Have you ever had a facial treatment? **Yes No**
If yes, describe the type of treatment
 7. Have you ever had a body treatment? **Yes No**
If yes, describe the type of treatment?
 8. Do you have any special skin problems or concerns pertaining to your face or body? Please specify:
 9. Which of the following best describes your skin type? *choose one*
____ Type I – Very light complexion, always burns, never tans
____ Type II – Light complexion, always burns, tans slightly
____ Type III – Moderately light complexion, burns moderately, tans gradually
____ Type IV – Medium Complexion, seldom burns, always tans well
____ Type V – Brown Complexion, rarely burns, deep tan
____ Type VI – Black complexion, never burns, deeply pigmented
 10. Have you ever had chemical peels, laser, or microdermabrasion? **Yes No**
If yes, was the procedure done in the last month? **Yes No**
 11. Do you use Retin-A, Adapalene Hydroxyl Acid or Retinol/Vitamin A derivative products? **Yes No**
If so, please describe and have you used any in the last 3 months?
 12. Have you or are you currently using any acne medication? **Yes No**
Please describe:
 13. What skincare products are you currently using? [List brands if known]

14. Have you used any of the following hair removal methods in the past 6 weeks? Please choose all that apply. *Check all that apply.*
- Shaving
 - Waxing
 - Electrolysis
 - Tweezing
 - Threading
 - Depilatories
15. What areas of concern do you have regarding your skin? *Check all that apply.*
- Breakouts/ acne
 - Blackheads/ whiteheads
 - Excessive oil/ shine
 - Rosacea
 - Broken Capillaries
 - Redness/ ruddiness
 - Sun spot/ liver spot/ age spots
 - Uneven skin tone
 - Sun damage
 - Wrinkles/ fine lines
 - Dull/ dry skin
 - Flaky skin
 - Dehydrated skin
 - Other:
16. Have you ever had an allergic reaction to any of the following? *Check all that apply.*
- Cosmetics
 - Medicine
 - Food
 - Animals
 - Sunscreens
 - Iodine
 - Pollen
 - AHAs
 - Fragrance
 - Shellfish
 - Latex
 - Drugs
 - Other:
17. Please explain any allergies:
18. Have you had any botox, restylane or collagen injections? Yes No If yes, how long ago?

19. **Females Only:**

Are you taking any oral contraceptives? **Yes No**

Have you had any recent changes to your contraceptive treatment? **Yes No** Please explain:

Are you pregnant, lactating, or trying to become pregnant? **Yes No**

Are you experiencing menopause or menopause related changes in your body/skin? **Yes No** Please explain:

Are you undergoing any hormone replacement therapy? **Yes No**

20. **Males Only:**

What is your current shaving system?

Do you experience irritation from shaving? **Yes No**

Do you have problems with ingrown hairs? **Yes No**

21. Please use this space for any additional information you would like to share: